



REDESIGNING DEATH

in the 2017 year.

As the saying goes, there are only two things that are certain in life: death and taxes. Various concepts about changing our tax structure frequently get mention, particularly near elections. Rarely do we mention or talk about the way we die. A fundamental component of hospice and palliative care is to talk about the death process in a positive way. I hope you will join us in our proactive efforts.

Board President, Alan L. Schmitt

A handwritten signature in black ink that reads "Alan L. Schmitt". The signature is written in a cursive style with a large initial 'A'.

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June 9, 2017



Hospice Hors d'oeuvre
After Hours

Where: Kodiak BestWestern

When: June 9, 2017 5:30 PM—8:00 PM

Hospice is hosting an after-hours to give recognition to our neighbors. Those who support us by committing to our clients and families, those donating to our organization, those who participate effortlessly in community awareness for death and dying, and for those who are simply interested in learning more about how we serve our community. We invite you to connect. We will have door prizes, hors d'oeuvre to appease your tastes, and conversations to enlighten us all.

[Donate to Hospice](#)

WHAT'S THE SCOOP?

Welcome,

Bereavement Coordinator, Major. Dave Davis

Now serving Hospice & Palliative Care of Kodiak clients and families, individually.





Health Care Decisions Day

Advance care Planning Day was a success, but there are many still out there afraid to look death directly in the eye. To make the conversation easier, we would like to start by asking, "Do you have an Advance Care completed? Have you thought about who will carry out your wishes when you are not able?" Advance Care planning helps outline your values, and preferences. It is not planning for death, it is planning to relinquish the burden off of your family members by providing them a guide to what matters most to you. Advance Care Planning is important for both you and your loved ones;

Be prepared. Know your choices, and share your wishes with the people that matter most.



Pick.Click.Give

As Alaska's economic climate shifts on an uncertain tide. Charitable giving is more important than ever. Pick.Click.Give. allows Alaskans to share their Permanent Fund Dividend with Hospice & Palliative Care of Kodiak by visiting the below link.

[PICK.CLICK.GIVE](#)

Mark your calendars. . .

May 24, 2017

REDESIGNING DEATH

on the rock

An Open Death Conversation

Where: Monks Rock Bookstore
202 Rezanof Dr. E Kodiak, AK 99615

When: May 24th, 2017
6:00 PM—8:00 PM

Hosts:

Palliative Care Nurse Practitioner, Kathy

Nussbaum

PKIMC, Innocent Philo

Hospice Executive Director, Joanne

Quass

Hospice Volunteer Coordinator,

Domonique Ruiz

WE are hosting an uplifting interactive adventure that transforms this seemingly difficult conversation into one of deep engagement, insight, and empowerment. The Open Death Conversation is a forum for discussing the many aspects of death and dying. We are not attached to any outcome. We do not direct the conversation. Everyone is invited; we only ask that participants show up with an open heart and open mind.



“In the end, people don't view their life as merely the average of all its moments—which, after all, is mostly nothing much plus some sleep. For human beings, life is meaningful because it is a story. A story has a sense of a whole, and its arc is determined by the significant moments, the ones where something happens. Measurements of people's minute-by-minute levels of pleasure and pain miss this fundamental aspect of human existence. A seemingly happy life maybe empty. A seemingly difficult life may be devoted to a great cause. We have purposes larger than ourselves.”

— Atul Gawande, *Being Mortal: Medicine and What Matters in the End*

MAY 25-29, 2017

Hospice will be participating in this year's Crab fest. What are we selling you ask? Oppurtunity to bring space in our community to bring death out into the open. Hospice and Palliative Care of Kodiak will be partnering with Before I Die. .



Before I die. . .

Is a global community art project that invites people to reflect on their lives and share their personal aspirations in public. The original wall was created on an abandoned house in New Orleans by artist Candy Chang after she lost someone she loved.

We invite you, to assist us in bringing space to Kodiak., where there are no barriers between life & death, only living fully. Come out! Grab a piece of chalk, and share yourself.



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